## **Priority 8: Pathways to School Success**

Projects must address <u>only one</u> of the following 2 sub-priorities:

- Assessing learners' competences and developing assessment practices for school success, with special emphasis on formative assessment, or
- Building a systemic, whole-school approach to mental health and well-being



# The context: Council Recommendation on Pathways to School Success (Nov 2022)

**Better education outcomes for all learners:** 

- Reducing low achievement in basic skills
- Increasing secondary education attainment
- Promoting well-being at school
  - education outcomes to be decoupled from socio-economic status



## New and old challenges

9.6%

early leavers from education and training in 2022 (3.1 million young people) 20% school children experience mental health issues during their school years; one in five reports growing up unhappy and anxious about the future one in four 15year old

Europeans lack adequate reading, maths or science competences (PISA 2022)



- EU countries are introducing new **competence-based curricula**...
- ...requiring new approaches to assessment (see 2018 Council Recommendation on key competences for lifelong learning)
- The Council Recommendation on Pathways to School Success invites Member States to place a special attention to assessment policies and practices
- The EEA Working Group on Schools, Pathways to School Success has explored this question and produced a thematic report with key messages for policy makers





Elements for consideration:

- Assessment as part of the teaching and learning process
- Key role to help adapt teaching and learning more effectively to learners' needs
- Need for new assessment methods to capture a broad range of learning aims and cross-cutting competences
- Need for consistency within the entire assessment "ecosystem" (classroom-level assessment / external summative assessment)
- Most common challenges: parental and teacher resistance to changes in assessment methods, consistency across the education system, lack of attention to assessing socialemotional learning, building teachers' capacity...



## Activities: at least 3 of the following:

- Standards and guidelines for a balanced and coherent approach to assessment
- New, more inclusive and equitable forms of assessment, methods and tools, measuring a broad set learners' competences, including social and emotional competences
- Teachers' and school leaders' capacity
- Learners' involvement in decisions concerning assessment
- Shared vocabulary and communication
- Piloting and testing in selected schools, with a view to prepare system-wide change;
- Monitoring and evaluation



## **Expected impact**

Build, test and evaluate the effectiveness of interventions (to be integrated into national educational policies) promoting assessment forms which are inclusive and 'fit for purpose' (e.g., effectively measure competences, including social and emotional learning, and support competence development), including interventions aimed at building assessment literacy for different groups (teachers, school leaders and learners; policy makers; parents).

## **Useful links**

EEA Working Group on Schools (2023), thematic report: <u>Assessing learners' competences - Policies and practices to support</u> <u>successful and inclusive education</u>

2022 Council Recommendation on Pathways to School Success

Pathways to School Success handbook

NESET (2021), A formative, inclusive, whole school approach to the assessment of Social and Emotional Education in the EU

European Commission (2020), Prospective report on the future of assessment in primary and secondary education



**Positive mental health:** dynamic state where children and young people realise their own abilities, learn to cope with common stresses of life, to develop a positive sense of identity and the ability to manage thoughts and emotions, to build social relationships, and to acquire an education that fosters active citizenship. **Health is a state of physical, mental and social well-being** and not merely the absence of disease or infirmity.

**Mental ill health:** Mental health conditions such as anxiety, depression, self-harm, substance misuse, conduct disorders and eating disorders.









Resilience may be defined as a process of adaptation and growth (academic, vocational, socialemotional) despite adversity such as poverty, forced displacement, violence, abuse and trauma. Rather than simply an individual quality or competence, estilance is the result of the interaction between the individual and the environment, such as the family, the community, the school and broader socie-cultural system.

#### Protective factors

While striving to prevent, eradicate or reduce the risks children face in their developmental pathway, we need to help them keep growing and thriving even in the face of risk by nurtiming individual protective factors and creating caring, supportive and inclusive contexts. The following protective factors have been identified by the literature to promote resilien

Individual factors

Problem-solving skills

Family factors

Positive self-concept Emotion

### What motivates children who bully, and can they change?

Builying happens when a student hurts another on purpose, this behaviour is done more than once over time, and one student has more power than the other – is physically stronger or more popular What motivates children who buily others

> status Seek approval from peers by being ty 'cool', 'tough', 'powerful'

Well-being and Mental Health through Education

Positive mental health as defined by the World Health Organisation (WHO), refers to a state of well-bring where children and young people realise their own abilities, learn to cope with common stresses of life, develop a positive sense of identity and the ability to manage thoughts and emotions, build social relationships, and acquire an education that fosters active citizenship. A whole school approach to well-being and mental health, in which all school actors (teaching and nonteaching staff, learners, parents and families) and external stakeholders have an essential role to emotional well-being through the promotion of <u>social and emotional learning</u>) where children understand their emotions and can express themselves as valued members of the school community.

> Well-being in the Digital Age

What are mental and emotional health difficulties

One in fiv

about built

15

B% of the 35% of 13-yearworld's children olds in Europe (5-9 years) and report feeling 14% of the low, nervous, and world's having adolescents (10- psychosomatic 19-users) the competencement

adolescents (10- psychosomatic 19 years) live symptoms more with a mental than once a health issue week WHO, 2022 WHO Regionel Office for Europe, 2020

#### PATHWAYS TO SCHOOL SUCCESS

What can scho



STAFF WORKING DOCUMENT

ACCOMPANYING THE COMMISSION PROPOSAL FOR A COUNCIL RECOMMENDATION ON PATHWAYS TO SCHOOL SUCCESS



The inclusion in 2018 of "Personal, Social and Learning to Learn" as part of the eight key competences for lifeling learning has underlined social and emotional education as a key priority area in education. However appraches across countries today are diverse and fragmented and one of the arguments against ELI is that it takes precises time away frem academic learning in an aiready overcrowded conriculum. From this perspective, SEL may be seen as having little of the labour market. It is not surprising that many teachers from its difficult to promote SEL and student wellbeing, either due to time constraints or the lack of support from both the school management and parents alist, whe are often primarily focused on academic results.

Recent research, however, shows that this superficial dichotomy of mind vs heart, academic vs social and emotional learning, dees not hold it shows that academic and social and emotional learning are instrictably linked and that SEL supports academic learning and enhances academic achievement. This is also supported by research from neuroscience which shows that learning is a relational and emotional process and that classroom relationships and emotional processes impact on how children learn.

Research evidence







Teacher

Well-being

"Well-being may relate to different aspects of the teaching profession: workload, work environments; working conditions; sense of safety; peer and institutional support; relational aspects with learners, parents; colleagues and other stakeholders; and appreciation from the wider community" [EuryIgG, 2021]



Higher teacher well-being is associated with higher student well-being and higher student academic performance Wrandry et al. 2013, finner and Devery, 2007 Timm-Monte et al., 2019



European Commission

### At least 2 of the following activities:

- Develop an integrated and comprehensive strategy to school success, with well-being and mental health as key component
- Accompany schools, from early childhood education and care to upper secondary, in building their capacity towards becoming learning environments for well-being and mental health
- Prepare school leaders, teachers, trainers and other education professionals to understand and address well-being and mental health in a systemic way, both at initial teacher education level and continuing professional development programmes



### **Expected impact**

Build, test and evaluate policy interventions to support schools and school leaders in building an integrated and comprehensive strategy towards supporting well-being and mental health in schools

Develop solutions (embedding well-being in curricula, school planning and governance processes, training materials and courses for teachers and school leaders, etc) to prepare school leaders, teachers and educators in general to address well-being and mental health at school

### **Useful links**

Policy framework proposed by Pathways to School Success (see annex)

European Education Area portal: <u>factsheets</u>

Pathways to School Success Handbook: handbook



## Thank you!



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